Nephroprotection of *p*-coumaric acid against sublethal dose of carbon tetrachloride in Wistar rats: histological evidence

Nefroprotección del ácido *p*-cumárico ante la dosis subletal de tetracloruro de carbono en rata Wistar: evidencias histológicas

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Resumen

DOI: 10.35429/EJB.2023.18.10.24.32

Received: January 30, 2023; Accepted: June 30, 2023

En México la enfermedad renal crónica es un problema de

salud pública, que tiene como opción de tratamiento la

diálisis, la hemodiálisis o el trasplante de órgano, sin

embargo, el sistema de salud no tiene la capacidad económica ni la infraestructura para cubrirlos en su

totalidad. Por lo tanto, el objetivo del presente trabajo fue

evaluar la actividad del ácido p-cumárico (pCA) como un

posible agente nefroprotector contra el daño inducido con

el tóxico tetracloruro de carbono (CCl4) en las ratas Wistar

macho. El parénquima renal fue evaluado mediante dos

tinciones, la de hematoxilina y eosina y la del ácido

peryódico de Schiff. La administración de CCl4 (4 g/kg,

p.o., una dosis) indujo en 24 h necrosis tubular y ruptura

glomerular, con pérdida de microvellosidades y de

membranas basales, con ensanchamiento de la luz de los

túbulos distales y proximales. Por otra parte, el pCA (100

mg/kg, p.o., administrado 24 h y 1 h antes que el CCl₄ y 1

h después de este agente tóxico) mostró acción

nefroprotectora al disminuir la presencia de estos cambios

morfológicos. Nuestros resultados sugieren por primera

vez que el *p*CA puede prevenir el deterioro de la estructura

Abstract

In Mexico, chronic kidney disease is a public health problem, when is diagnosed in advanced stages, the only treatment options are dialysis, hemodialysis or organ transplantation, however, the health system does not have the economic capacity or the infrastructure to fully cover these treatments. Therefore, the objective of this research work was to evaluate the activity of the *p*-coumaric acid (pCA) as a possible nephroprotective agent against toxic carbon tetrachloride (CCl₄)-induced kidney damage in male Wistar rats. Renal parenchyma was evaluated using two stains, hematoxylin and eosin (H&E) and periodic acid with Schiff's reagent (PAS). The administration of CCl4 (4 g/kg, p.o., one dose) induced tubular necrosis and glomerular rupture within 24 h, with loss of microvilli and basement membranes, with widening of the lumen of the distal and proximal tubules. On the other hand, pCA (100 mg/kg, p.o., administered 24 h and 1 h before CCl₄ and 1 h after this toxic agent) showed nephroprotective action by reducing the presence of these morphological changes. Our results suggest for the first time that pCA, when administered preventively, slows the deterioration of renal structure induced by acute exposure to a sublethal dose of CCl₄.

Nephropathy, Acute kidney injury, CCl₄, *p*-coumaric acid, Nephroprotective

renal ante la exposición aguda de CCl₄. Nefropatía, daño renal agudo, CCl₄, *ácido p*-cumárico, nefroprotector

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Introduction

Currently, one of the diseases that most afflict human beings are those of renal origin, with chronic kidney disease (CKD) being considered a serious public health problem both in Mexico and in the world (Evans et al., 2022; Reyna-Sevilla et al., 2022). CKD is directly related to diabetes and hypertension, however, it can be caused by other factors, from the consumption of substances, autoimmune toxic diseases. infections, obstructive problems, and congenital antecedents (Talati, 2019; Perazella, 2018; Stevens, 2018; Tecklenborg, 2018; Wyatt, 2017).

Oxidative stress is one of the main factors affecting the kidney, this occurs when the production of oxidative molecules or reactive oxygen species (ROS) exceeds the endogenous antioxidant capacity of the organism, these ROS are produced in the plasma membrane, cytoplasm, endoplasmic reticulum and mitochondria (Ho & Shirakawa, 2022). The kidnev. being an organ with abundant mitochondria, becomes the main site of ROS production, which under normal conditions is regulated by the regenerative cycle of mitochondrial ROS formation and release known as ROS-induced ROS release (RIRR), which upon dysfunction of mitochondrial homeostasis ROS accumulate and are released activating cell signalling pathways leading to bioenergetic and stress alterations that cause inflammation, endothelial and vascular damage, with subsequent development of acute or chronic kidney damage (Ho & Shirakawa, 2022; Zorov, et al 2014).

P-coumaric (pCA) acid 4 or hydroxycinnamic acid is a phenolic acid that is ubiquitously distributed in plants and fungi and is a precursor of a wide range of other molecules. such as flavonoids and lignin (Combes et al., 2021: Pei et al. 2016). In addition, it has numerous applications in the pharmaceutical, cosmetics and food industries (Boo, 2019; Pei et al. 2016). Moreover, various researches have shown that pCA has important biological activities such as antioxidant, anti-inflammatory, anti-apoptotic, anti-necrotic, anti-cholestatic, amebiostatic and antimicrobial (Ayazoglu et al 2022; Daroi et al 2022; Aldaba-Muruato et al., 2021; Ojha & Patil 2019).

These aforementioned properties make it suitable to be evaluated against sublethal oral dose (per os; p.o.) of 4 g/kg of carbon tetrachloride (CCl₄) (Yoshioka et al., 2016) which at high concentrations causes oxidative damage to kidney tissue (Suzuki et al., 2015; Ozturk et al., 2003).

Methodology

Experimental animals

In this research work, male Wistar rats (Rattus norvegicus) weighing approximately 230-250 g were used and subjected to a standard diet (Nutricubos®), with free access to drinking water, and maintained at a temperature of 24°C with 50-60% relative humidity and 12-hour light-dark cycles.

Ethics

The present research work belongs to the project entitled "Evaluation of compounds with hepatoprotective activity" carried out with male Wistar rats, which was accepted by the Research Ethics Committee of the Facultad de Estudios Profesionales Zona Huasteca, UASLP. All animals received humane care based on the biosafety terms and guidelines established by this committee, as well as on the specifications dictated by the official Mexican standard (NOM-062-ZOO-1999) regarding the technical specifications for the production, care and use of laboratory animals.

Chemical compounds and reagents

The reagents used for the in vivo experimental protocol were CCl₄ (mallinckrodt), pCA (sigma), carboxymethylcellulose 0.5% (sigma), mineral oil (mystic moments). On the other hand, for haematoxylin eosin (H&E) staining, (CTP Scientific), ethanol xvlene (CTP Scientific), haematoxylin (CTP Scientific), eosin (Jalmek) were used and for PAS staining, Schiff's reagent, periodic acid (CTP Scientific), Mayer's haematoxylin (CTP Scientific), xylene (CTP Scientific) and ethanol (CTP Scientific) were used.

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Induction of renal damage with CCl₄

The twenty experimental animals were equally divided into four groups (Figure 1). Rats in the Control group were administered mineral oil (0.5 mL/100 g, p.o.), which was used as a vehicle for CCl₄, those in the CCl₄ group were induced renal damage with a single sublethal dose of CCl_4 (4 g/kg, p. o.), and rats in the $CCl_4 + pCA$ group were administered pCA (100 mg/kg, p.o.) on three occasions, one day before CCl₄ administration, as well as one hour before and one hour after the same intoxication. The pCA group was administered pCA in the same way as in the CCl₄ group, and instead of CCl₄ the mineral oil was administered orally (0.5 mL/100 g, p.o.), and the pCA group was administered orally (0.5 mL/100 g, p.o.), and the pCA group was administered in the same way as in the CCl₄ group).



Figure 1 Experimental procedure. Twenty male Wistar rats were divided equally into four experimental groups: CCl₄ group was administered a single dose of CCl₄ (4g/kg, p.o.); animals in the CCl₄ + pCA group were administered 3 doses of pCA (each 100 mg/kg, p.o., the first two doses 24 h and 1 h before CCl₄ toxicant administration and the last dose 1 h after CCl₄). The Control group was administered only with CCl₄ and pCA vehicles (mineral oil and carboxymethylcellulose 0.5%) and the pCA group was administered in the same way as in the CCl₄ + pCA group, but instead of CCl₄, p.o. mineral oil was administered

Sacrifice

The animals were sacrificed 24 hours after CCl_4 intoxication or administration of the mineral oil. For this, the rats were first sedated with a mixture of ketamine (0.9 mL/100 g, i.p.) and xylazine (0.5 mL/100 g, i.p.), and then sacrificed by cardiac puncture.

Collection of biological samples

The left kidney was dissected out and embedded in 4% p-formaldehyde for a period of 72 h.

Paraffin-embedding of kidney tissue

After fixation, the tissues were processed with the Leica TP1020 Histochinete equipment, in order to facilitate dehydration, clarification, preimpregnation and paraffin infiltration of the biological samples. The tissues were then immersed in paraffin to form solid blocks with the aid of MYR EC350-1 semi-automatic paraffin embedding equipment.

Histological sections

Paraffin-embedded tissue sections with a thickness of 4 μ m were obtained using the Ecoshel model 202A microtome. The sections were transferred to a CA Scientific flotation bath model XH-1001 at a temperature of 40°C, and the slice was recovered with a previously silanised slide.

Haematoxylin-Eosin (H&E) staining

Dewaxing was started with xylol, 2 washes for 10 min and 1 min respectively, followed by dehydration in absolute alcohol 2 washes for 1 min, then in 96 % alcohol for 1 min, then in 80 % alcohol for 1 min and then in distilled water for 1 min. The slides were then stained with the first stain, Harris haematoxylin, in which the slides were immersed for 10 min, then washed in tap water for 5 min, immersed in acid alcohol for 15 s, placed in distilled water for 1 min, immersed in ammonia water for 1 s, then washed in distilled water for 1 min, then immersed in ammonia water for 1 min, then washed in distilled water for 1 min, then immersed in ammonia water for 1 min, washed with distilled water twice, then immersed in the second dye, eosin, for 2 min, followed by dehydration, immersed in 80% alcohol, then 96% alcohol, twice in absolute alcohol and finally with xylol, all for 1 min each. Finally, the tissue was mounted with a drop of entellan, placed on a coverslip and left to dry.

Periodic acid staining with Schiff's reagent (PAS)

PAS staining began with dewaxing with xylol, 2 washes for 10 min and 1 min respectively, followed by dehydration in absolute alcohol for 2 washes for 1 min, then in 96% alcohol for 1 min, then in 80% alcohol for 1 min and then in distilled water for 1 min. The slides were placed in running water for 5 min, then in periodic acid for 5 min, at the end of this time they were placed in distilled water for 20 seconds more, and then the slides were placed in Schiff's reagent for 15 min, and then in running water for 5 min, at the end of this time the slides were placed in Schiff's reagent for 15 min, and then in running water for 5 min, at the end the slides were placed in Arris haematoxylin for 10 min, and then placed in running water for 5 min, at the end they went through the dehydration train, immersing in 80 % alcohol, then 96 % alcohol, twice in absolute alcohol and finally with xylol 2 times, all these for 1 minute each.

Photographic images

Images were taken with a KOPPACE 16 MP camera (KP-1660) adapted to an Axiostar plus (HBO 50/AC, ZEISS) brightfield microscope, which were processed and analysed in S-Eye (1.6.0.11) and ImageJ (Version: 1.52) software, respectively.

Results

The pCA is able to prevent CCl₄-induced renal damage: histopathology with H&E.

Renal architecture was assessed by H&E staining and representative images are shown at 5x (Figure 2), 10x (Figure 3) and 40x (Figure 4) magnification. Figures 2 and 3 show the main morphological changes observed at the level of the renal cortex. The Control and pCA groups showed a mostly preserved morphology with normal appearing glomeruli and distal and contoured tubules and tubules, although some glomeruli with slight morphological changes were visible. The CCl₄ group showed marked damage to the renal architecture, with evident tubular necrosis, with mostly collapsed or fragmented glomeruli. The $CCl_4 + pCA$ group preserved the integrity of the renal parenchyma, with the presence of mostly normal glomeruli, with occasional altered glomeruli, and the renal tubules showing an architecture with a typical appearance.



Figure 2 Representative photomicrographs at 5x of renal cortex sections stained with H&E. Experimental groups: Control (healthy group), CCl_4 (damage control), $CCl_4 + pCA$ (test group) and pCA (pCA control). Black arrows: glomeruli with morphological alterations; White arrow: collapsed glomerulus; Glomerular rupture: (*); Tubular necrosis: NT; Artery: A; Vein: V.



Figure 3. Representative 10x photomicrographs of renal cortex sections stained with H&E. Experimental groups: Control (healthy group), CCl₄ (damage control), CCl₄ + pCA (test group) and pCA (pCA control). Black arrowhead: proximal convoluted tubules; white arrowhead: distal convoluted tubules; black arrow: damaged glomeruli with presence of fragmentation and a wide glomerular space; white arrow: glomerular rupture and collapse; tubular necrosis: TN; loops of Henle; tubular necrosis: NT; and white arrow: glomerular rupture and collapse: (\blacklozenge).

Photomicrographs at 40x magnification showed that in the healthy groups (Control and pCA) the kidneys have a normal cellular structure, with intact glomeruli (Figure 4A and B) and regular tubular contour (Figures 4A, B and C). On the other hand, glomerular atrophy (Figures 4D and E) as well as tubular destruction was observed in the CCl₄-intoxicated groups (Figures 4D, E and F), compared to the integrity shown by the healthy groups. The $CCl_4 + pCA$ group largely prevented CCl₄-induced renal damage, the glomeruli show apparently normal morphology (Figure 4G), although it is possible to observe some glomeruli with abnormal architecture (Figure 4H), and overall the tubular morphology appears normal (Figures 4G, H and I). The pCA group showed similarities to the Control group (Figures 4J, K and L).



Figure 4 Representative photomicrographs at 40x of renal cortex sections stained with H&E. Experimental groups: Control (healthy group), CCl₄ (damage control), CCl₄ + pCA (test group) and pCA (pCA control). Head of black arrows: proximal convoluted tubules; Head of white arrows: distal convoluted tubules; White arrow: damaged glomeruli with presence of fragmentation and a wide glomerular space; Black arrows: rupture of distal and proximal tubules; Loops of Henle: (\blacklozenge); Damaged glomerulus: (*)

pCA protects the integrity of the convoluted tubules: histopathology with PAS

PAS staining is used to investigate the morphological structure of the renal parenchyma, but it also allows us to correlate with the content and integrity of carbohydrates present both in the basement membrane and in the microvilli of all the epithelia and connective tissue. This gives us an idea of the condition of the convoluted tubules and whether there is damage or not.

Microscopic observations of renal tissue stained with PAS at magnifications of 5x, 10x, 40x

Observations by light microscopy at 5x (Figure 5), 10x (Figure 6) and PAS staining allowed us to evaluate the renal tubular architecture and the integrity of the basement membranes. Thus, it was possible to visualise that the healthy groups (Control and pCA) presented a normal histology, with preserved basement membrane structures, as well as the microvilli of the proximal tubules. CCl₄ intoxication induced tubular necrosis, showing loss of basement membrane and microvilli. The CCl₄ + pCA group showed a preserved architecture, preventing the loss of glomerular mass, proximal and distal tubules and microvilli.



Figure 5 Representative 5x photomicrographs of PASstained renal cortex sections. Experimental groups: control (healthy group), CCl_4 (damage control), $CCl_4 + pCA$ (test group) and pCA (pCA control). Head of black arrows: proximal convoluted tubules; Head of white arrows: distal convoluted tubules; Tubular necrosis: NT; glomerular rupture (*); Artery: A; Vein: V

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Figure 6 Representative 10x photomicrographs of PASstained renal cortex sections at 10x. Experimental groups: Control (healthy group), CCl_4 (damage control), $CCl_4 +$ pCA (test group) and pCA (pCA control). Head of black arrows: proximal convoluted tubules; Head of white arrows: distal convoluted tubules; Black arrows: intact basement membranes; Tubular necrosis: NT; atrophied glomeruli: (*)

The photomicrographs at 40x magnification (Figure 7), show that the CCl₄ group presented tubular destruction with loss of microvilli and basement membrane, widening of the lumen of the distal and proximal tubules was observed in comparison with the integrity shown by the healthy groups (Mineral Ac. and pCA). The CCl₄ + pCA group prevented these morphological changes due to CCl₄-induced renal damage.



Figure 7 Representative photomicrographs at 40x of PASstained renal cortex sections. Experimental groups: Control (healthy group), CCl₄ (damage control), CCl₄ + pCA (test group) and pCA (pCA control). Head of black arrows: proximal convoluted tubules; Head of white arrows: distal convoluted tubules; Black arrows: basement membrane; Tubular necrosis: NT

Discussion

Prevention or early detection of kidney diseases are considered the best strategies to avoid CKD, because when CKD is already established, the patient's life expectancy decreases, as persistent urinary abnormalities with impaired nephron function occur (Romagnani et al., 2017). Therefore, in the present work, the ability of pCA as a preventive agent against acute damage induced with a sublethal dose of CCl₄ in Wistar rats was evaluated, considering that CCl₄ is a potent nephrotoxic agent (Suzuki et al., 2015; Ozturk et al., 2003).

the present work

The

results

of

demonstrate that pCA possesses anti-nephrotic

In H&E and PAS stained kidney sections, it was observed that the healthy groups (Control and pCA) which were administered mineral oil+CMC 0. 5% or mineral oil+pCA. respectively, presented a normal appearing renal parenchyma, with tissue morphology similar to а healthy kidney, with intact basement with membranes. intact glomeruli and convoluted tubules, with visibly normal cytoplasm and nuclei, however, in these healthy groups some lesions were also evident in some glomeruli and in distal and proximal convoluted tubules. These observations are related to some works that have described that olive oil which is used as a vehicle for CCl₄ induces severe renal lesions, with the presence of atrophy and destruction in the glomerulus with the presence of pyknotic nuclei and cellular infiltration (Alsalam, 2016). Therefore, our results support the fact that mineral oil has harmful effects at the level. renal Furthermore. it should he emphasised that the pCA group did not show additional morphological changes relative to the Control group.

On the other hand, CCl₄ is a chlorinated hydrocarbon composed of a mixture of chlorine with chloroform, named tetrachloromethane by the International Union of Pure and Applied Chemistry Nomenclature (IUPAC), and is highly harmful when ingested, inhaled, or by direct contact with the skin (Al Amin & Menezes, 2020). This toxic agent causes damage to multiple organs, with the liver and kidney being mainly affected; in the liver it induces necrosis, steatosis and cirrhosis and at the renal level it causes glomerular necrosis and histological alterations in distal tubules (Suzuki et al., 2015; Aldaba-Muruato et al. 2012; Ozturk et al., 2003).

A previous work published by our research group showed for the first time that pCA has anti-necrotic and anti-cholestatic activity against acute damage induced by CCl₄ or common bile duct ligation in rats, as well as amebiostatic activity against the parasite *Entamoeba histolytica* (Aldaba-Muruato et al., 2021).

activity at a sublethal dose of CCl₄. On the one hand, it was confirmed that CCl₄ is able to induce drastic changes in renal architecture, such as glomerular atrophy and partial or total destruction of the convoluted tubules, known as tubular necrosis (Figures 2, 3 and 4), observations consistent with other authors (Suzuki et al., 2015; Ozturk et al., 2003). On the other hand, our H&E and PAS-stained renal histopathological studies indicate that pCA possesses the ability to protect against CCl₄induced nephrotoxic damage, with a visible reduction in cell damage, with relative integrity of the proximal convoluted tubule, as well as its visible cytoplasm and nuclei with no apparent alterations (Figures 2, 3 and 4). The PAS technique was useful to demonstrate the integrity or morphological alterations of the basement membrane of the convoluted tubules and glomeruli (Ochoa et al., 1957: Sugai et al., 1992). Similarly, microscopic observations of PAS-stained kidney sections showed that in the CCl₄ group, there is loss of basement membrane continuity of the different structures of the nephron, as well as of the microvilli of proximal convoluted tubules, while these structures are more preserved in the $CCl_4 + pCA$ group. These results are consistent with previous observations describing that pCA protects against tubular necrosis by preventing the production of oxidative stress that is generated by cisplatin (Ekinci et al 2017). Likewise, Gentamicininduced tubular necrosis and tubulointerstitial inflammation of the proximal tubules was reduced by pCA (Hakyemez et al 2022). In addition, another work demonstrated that the antioxidant effect of pCA reduces oxidative stress induced in diabetic rats and prevents the development of diabetes-associated nephropathy (Mani, et al., 2022).

Conclusion

The present work demonstrates that pCA is a potent nephroprotectant against renal damage induced by sublethal doses of CCl₄.

Funding

The authors are grateful to CONAHCYT for funding No. 320331 "Basic and/or Frontier Science Modality: Paradigms and Controversies of Science 2022".

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